

3-MONTH PROGRAM		6-MONTH PROGRAM		9-MONTH PROGRAM	
 BREAKTHROUGH PROGRAM		 EMPOWERMENT PROGRAM		 FLOURISHING PROGRAM	
Program Level	1 — Psyche Awareness & Release	2 — Psyche Integration & Coherence	3 — Psyche Reorganization & Alignment		
Primary Focus	Individuation: Greater AWARENESS	Individuation: Greater INTEGRATION	Individuation: Greater REORGANIZATION		
Ideal Audience	Who seeks mental clarity and liberation from limiting beliefs and repetitive cycles	Who seeks greater wholeness and more confident decision-making	Who seeks to build an inner framework to manifest dreams in the external world		
Problem Domain	Situational: recent or specific issues where the ego is still functional	Identity-based: old, repetitive, relational challenges where ego alone is insufficient	Transgenerational or existential crises: systemic or more complex issues		
Energetic Approach	Quantec & Reiki	Quantec & Reiki	Quantec & Reiki		
Non-Symbolic Approach	Somatic / emotional regulation	Action / exposure regulation	Expansion / direction regulation		
Symbolic Approach					
Central Movement	Opening the dream and symbolic field	Ego and hidden contents dialogue	Symbolic synthesis. A new Being emerges		
Problem Type	Low → Medium (Surface-level)	Medium → High (Deep)	High (Structural)		
Inner Function	Awareness	Psychic Integration	Psychic Reorganization		
Inner Guide	The ego acts to see what's hidden → what no longer serves is released	The ego relates with what's in conflict → opposing parts are unified functionally	The ego allows Self guidance → Self as central axis; ego-Self & life-Self are aligned		
Causal Structure I	Awareness allows Release	Integration allows Coherence	Reorganization enables Alignment		
Causal Structure II	Release remove psychic blocks	Coherence sustains partes integradas	Alignment manifests realidade		
Existential Axis	I see	This, too, is me	Now, I am different from who I was		
Symbolic Mantra	Everything hidden is revealed to me ^[1]	If two (within me) agree, it will be done by my Father (Self) ^[2]	I Am what I Am ^[3]		
Lived Sensation	Like turning on the light in a dark, dusty, overcrowded room	Like forming partnership with the opposite side that monopolized your psyche	Like upgrading your psychic vehicle— from a Beetle to a Ferrari		
Psychic Route	I become aware of my patterns to release what no longer serves me	I integrate inner conflicts to restore coherence and inner agency	I allow my inner system to reorganize , aligning my life with what I truly am		

[11] (cf. Marcos 4:22 / Lucas 8:17). [2] (cf. Mateus 18:19). [3] (Exodo 3:14).